

Chronic Illness: Building Stronger Spirits

30 Day Bible Reading Plan

Week 1 Meditation

Faith: We can't see the future, but we believe in it. We can't see God but we trust in Him.

Week 2 Meditation

When you find yourself in a place of severe fatigue, remember to slow down, rest and take in God's goodness.

Week 3 Meditation

God's Goodness is so much stronger in the midst of suffering. God will carry you through every trial.

Week 4 Meditation

His words are faithful and true, he sees every tear, and he knows about your pain. Cast all your cares upon Him.

Notes

Reading Plan

- Day 1- Genesis 22:1-14
- Day 2- Daniel 3:1-30
- Day 3- 2 Chronicles 20:20-30
- Day 4- Matthew 15:21-28
- Day 5- Mark 5:21-43
- Day 6- Matthew 17:14-20
- Day 7- Matthew 21:18-22
- Day 8- 1 John 3:21-24
- Day 9- Isaiah 40:1-8
- Day 10- Isaiah 50:4-11
- Day 11- Galatians 6:1-5
- Day 12- Eccl 5:1-18
- Day 13- Hebrews 12:1
- Day 14- Matthew 6:25-34
- Day 15- Eccl 3:1-8
- Day 16- Eccl 12:12-14
- Day 17- Romans 8:28
- Day 18- Mark 15:40-47
- Day 19- John 20:1-18
- Day 20- Matthew 2:14-15
- Day 21- Acts:5
- Day 22- Psalm 33
- Day 23- Psalm 113
- Day 24- 1 Peter 5
- Day 25- Proverbs 31
- Day 26- James 5
- Day 27- Mark 6:53-56
- Day 28- Mark 7:31-37
- Day 29- Matthew 9:18-26
- Day 30- Psalm 103
- Day 31- Psalm 102

By His Stripes I am Healed - Isaiah 53:4-5